



RISK ASSESSMENT FORM – DANCE & PHYSICAL ACTIVITY OUTDOORS

| Venue | Activity/event | Persons involved |
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| Recreational ground | Outdoor bootcamp/dance session | Dance teachers, participants and parents/carers |

| Risk prior to measures | Who may be harmed | Precautions | Any further actions/venue specific risk | Risk rating after measures |
|------------------------|------------------------------------|--|--|----------------------------|
| Spread of COVID-19 | Parents, Participants and Teachers | Promoting good hygiene: <ul style="list-style-type: none"> - Provide hand sanitiser to all participants upon arrival. | Train all workers on new protocols and the important of good hygiene. | Medium |
| | Parents, Participants and Teachers | Maintaining social distancing and avoiding congestion: <ul style="list-style-type: none"> - Restricted capacity of participants (x1 teacher and x15 participants) - Floor markings (spots) to instruct participants where to stand/dance (spaced 2m apart) - Communicate with parents so they know exactly where to drop off/collect. | <ul style="list-style-type: none"> - Monitor effectiveness, especially at peak times. - Train workers to promote compliance to facility users. - Train workers to report / deal with issues of noncompliance. | |

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| | | <ul style="list-style-type: none"> - Regulate the entry to avoid overcrowding. - Parents instructed in advance to NOT bring their child if they have any COVID19 symptoms (a high temperature, a new, continuous cough or loss or change to your sense of smell or taste) - Upon arrival, participants will have their temperature taken using a contactless infrared thermometer. | | |
| Hair, clothing or jewellery entangled in equipment | Participants | Visual check of children. Children and Staff should wear appropriate clothing and shoes, remove jewellery and tie back long hair | Staff to check clothing is suitable and no jewellery/watches are worn | Low |
| Collisions with non-participants | Participants | Ensure area is free from other users. Teacher to remain vigilant to those who may enter area. Halt session if required. | Use designated areas only | Low |
| Tripping and falling onto a hard surface | Participants | Make participants aware of dangers e.g. slipping, tripping. | | Low |
| Contact with foreign elements/objects on the playing surface | Participants | Inspect area prior to start of session, remove/ isolate any hazards. | | Low |

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| Misuse or lack of control of equipment leading to purposeful or accidental striking of other people. | Participants | Reinforce safety message and game rules. Work in controlled groups with specific individual tasks. Establish safe spacing between each group. Discipline any negative or potentially dangerous behaviour. | Teachers to ensure participants wear appropriate clothing for weather conditions. Teachers to be aware of impact weather has on session safety. Provide shade for events such as Sports Day. | Low |
| Muscular injury though excessive stress/strain. Injury through incorrect execution of activity. | Participants | Follow aerobic and stretching warm up exercises. Use appropriate size/weight equipment. Follow PE curriculum guidelines and adhere to safe practice. Reinforce safety messages. | Assess quality and appropriateness of equipment. | Low |
| Showing a negative physical response to exercise – overly heavy breathing, dizziness etc. | Participants | Observe physical responses. | First aid provision. | Low |
| Fall on grass | Participants | Make participants aware of dangers e.g. tripping, falling. Games/activity should be well controlled by deliverers. | | Low |
| Graze from fall on concrete surface | Participants | Make participants aware of dangers e.g. tripping, falling. Games/activity should be well controlled by deliverers. | | Low |
| Falling object or projectiles e.g. balls | Participants | Games / activities to be played in designated areas only under | | Low |

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| | | supervision of qualified staff. | | |
| Twist/turn of joint e.g. ankle, knee, wrist | Participants | Suitable warm ups and activities to be delivered. | First aid provision. | Low |
| Cold / wet / icy conditions | Participants and teachers | Teachers to ensure participants wear appropriate clothing for weather conditions. Teachers to be aware of impact weather has on session safety. Lessons to be taught in Hall if too cold/wet outside. | | Low |
| Hot / humid conditions Sun stroke or burn | Participants | Teachers to ensure participants wear appropriate clothing for weather conditions. Teachers to be aware of impact weather has on session safety. Provide shade if required. | Ensure children have access to drinking water and are wearing sun hats, if provided by parents. | Low |

Signed:  Date: 12th July 2020

Dance School Principal